

What to Bring, Camp Rules, Directions

What to Bring to Camp Raising Spirits

Weather Appropriate Clothing

Jacket/ sweater/ sweatshirt

Slacks/pants/shorts

Exercise clothes (if you will be participating in yoga/outdoor activities)

Hat

Swimwear if interested in using the pool

Rain Wear

Slicker/ poncho/boots/umbrella

Comfortable Shoes- including athletic shoes if participating in dance/exercise classes

Toiletries

Hair dryer

Shampoo/soap

Toothpaste/brush

Insect repellant

Sunscreen

Medications

3 day supply

Optional Items

Alarm clock

Flashlight

Phone charger

(OVER)

CAMP RULES

Laurelville Retreat Center is located about 40 miles southeast of Pittsburgh, at the foot of the Laurel Mountains of southwestern Pennsylvania:

Laurelville Retreat Center
941 Laurelville Lane
Mount Pleasant, PA 15666

Pets: No pets are permitted in buildings. Service animals under Title II and Title III of the ADA are allowed at Laurelville. Laurelville does not allow support, therapy, comfort or companion animals.

Smoking/Vaping, Alcohol and Non-Prescription Drugs

Camp Raising Spirits is a project of the Greater Pittsburgh Chapter of the Oncology Nursing Society. Camp is **Smoke-Free** and we appreciate your cooperation. Alcoholic beverages and drugs illegal for the general public are not permitted on the grounds.

Snacks: You are welcome to enjoy snack food and beverages in the common areas of the facilities, but please do not take them to the sleeping rooms. Also, orange and red drinks are not permitted in any of the facilities.

Curfew

To be sensitive to our guests' sleeping habits, we enforce an 11 pm noise curfew. You may be in the common areas but please be aware of the noise level.

Telephone Calls

For emergencies, you can be reached at 724-423-2056 on a 24-hour basis. Cell service can be spotty in some areas of the Camp.

DIRECTIONS For GPS directions use address above.

Laurelville Retreat Center is located about 40 miles southeast of Pittsburgh, at the foot of the Laurel Mountains of southwestern Pennsylvania.

Coming from the West

Exit the Pennsylvania Turnpike at New Stanton (exit 8/75). Take Rt. 119 South five miles to the Mt. Pleasant exit. Turn left onto Rt. 31. Follow Rt. 31 East through Mt. Pleasant, to the village of Laurelville (4 miles) Turn north (left turn) on Rt. 982; go approximately 3/4 mile and turn right (there is a sign in the intersection.) Laurelville's entrance is 1/4 mile on the right.

Coming from the East

Exit the Pennsylvania Turnpike at Donegal (exit 9/91). Take Rt. 31 West (right turn) to the village of Laurelville at the intersection of Rt. 982. Turn on to Rt. 982 North (right). Travel 3/4 mile to intersection, turn right and drive 1/4 mile to our entrance

Coming from I-70

Take Rt. 31 East through Mt. Pleasant, to the village of Laurelville at the intersection of Rt. 982. Turn on to Rt. 982 North (left). Travel 3/4 mile to intersection, turn right and drive 1/4 mile to our entrance

On arrival follow signs to the Meeting House for your room assignment and welcome.